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Instructions for Immediate Dentures

- It is important that you **do not** remove the denture from your mouth for 24 hours after extractions. This limits inflammation and prevents bleeding.
- A post-operative appointment has been made for you to check the extraction sites and adjust the denture.
- It is important to take any and all medications as prescribed.
- The cleaner your mouth is, the shorter the healing period. Brush and floss your remaining teeth as normal. If you use mouthwash as part of your oral hygiene, you may continue.
- Tissue conditioning of the denture (where teeth were extracted) will be necessary to alleviate excessive pressure on the wounds and aide in the healing process. Denture reline will also become necessary as soft tissues heal and shrinkage and remodeling of extraction sites take place.
- Final healing and remodeling will usually take 6-12 months. A laboratory re-basing or a new denture fabrication will be necessary after this period to ensure a close fitting, physiological sound, functional denture.